

SEED BOMB RECIPE

YOU WILL NEED:

Flower Seeds

Construction Paper and/or newsprint

Blender

Water

Containers

Strainer/colander

HOW TO MAKE SEED BOMBS

STEP 1: Start by shredding or ripping your paper into small pieces, use a shredder if you have one handy.

STEP 2: Once you have cut up all your paper place in a large container and cover with water. Allow to soak for at least 20 min.

STEP 3: Squeeze the excess water out of the paper. Place the paper in a blender and pulse until the paper becomes pulp!

Place the pulp back into a strainer and press some water out.

STEP 4: Transfer to bowl and gently mix seeds into the pulp

STEP 5: Form into a ball (squeeze out more water if needed) and place in a paper bag to dry for 24 hours. You could also press mixture into silicone molds if you'd like.



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