Winfried Teizer is a faculty member in the Physics and Astronomy department at Texas A&M University. For ~5 years he has been a member of the WPI-Advanced Institute for Materials Research at Tohoku University in Sendai, Japan. During this time, he has spent parts of each year in Japan, directing a research group. In his free time he has studied Sadoo, best translated as The Way of Tea, but often recognized in the west as Japanese tea ceremony.

Sadoo – The Way of Tea is a Japanese art encompassing many of the traditional cultural elements of Japanese life. While it is mostly known as Japanese tea ceremony in the west, it is only superficially following the rules of a strict ceremony. Starting with the arrival from the Asian mainland approximately 1,200 years ago, tea became a central cultural element in Japanese life, first for medical and later for social purposes. For a long time, Sadoo was intimately connected to zen buddhist monks who infused a strong meditational aspect to the art. In one sentence: **Sadoo is about a host preparing the best bowl of tea possible for a guest and then together enjoying the unique moment in time by appreciating each other and the beauty of their environment.** The basic rules and forms of Sadoo have not significantly changed for ~400 years. Therefore, it provides a snapshot of one of the activities that Japanese contemporaries of Hiroshige and Hokusai likely enjoyed.
Please mark your calendars and make plans to join us here in the Stark Galleries Saturday, February 1st for an Iaido Workshop and a Sadoo Ceremony at 3:00 in the afternoon.

*Iaido - The Way of the Sword* is a form of traditional Japanese swordsmanship incorporated into the Budo, the way of the warrior. This powerpoint and demonstration of iaido is meant to inform those who come to the event of the history, modern day incorporation, and practice of the martial art of iaido in Japan.

*Craig Endert* is in the Corps of Cadets and has studied *Iaido* in Japan.

To register, call or email Greg Phillipy at 979-845-8501 or gphillipy@uart.tamu.edu

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